

CONVERSATION STARTERS

Women Are Scary: The Totally Awkward Adventure of Finding Mom Friends

If you're reading *Women Are Scary* with a group of women, **you are fabulous**. Attached are a few conversation cards you can use in your book club, moms' group, women's conference, etc. to get the ball rolling toward deeper relationships.

A handwritten signature in black ink that reads "Mel". The letters are cursive and fluid, with a long, sweeping tail on the "l".

MELANIE DALE

@UnexpectedMel | Unexpected.org

What holds you back
from meeting other
moms?

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What's your most
awkward small talk
experience?

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What do you tend to
judge other moms
about?

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How have you ever
felt judged by another
mom?

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What are some ways
we can encourage
each other as moms?

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What food do you
sneak when your kids
aren't looking?

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What surprised you
the most about
motherhood?

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What TV show/
book/movie are you
completely obsessed
with and why?

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How do you like to
have fun?

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Tell us something
weird about yourself.

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How do you cling to
sanity in the midst of
crazy kids?

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What's your favorite
thing about being a
mom? Least favorite?

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Tell us about the
moment you found
out you were a mom.

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Why are
momlationships
important to you?

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Why do friendships
take bravery?

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Describe an
embarrassing
momlationship
moment.

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If you were doing a lip synch battle with Jimmy Fallon, what song would you pick?

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What do you wish other moms knew about you?

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Are you a hugger or not so much?

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Have you ever experienced a phaseout or confrontation with another mom?

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What is your coping strategy for dealing with momlationship upheaval?

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Have you ever had a close friend move away? How did you handle it?

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What are ways that you stay close to your best mom friends?

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Describe the perfect mom date.

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